

## Introducing your Sports Chaplain

A Sports Chaplain is a volunteer pastoral care worker, who is available to support you through life's ups and downs. They are available to be a listening ear and a person of peace for you to talk to. They are not counsellors trying to fix your issues. They are simply supporting you and bridging the gap to health professionals when necessary.

We ensure our Chaplains are:

- ✓ Authentic in motivation and service caring
- ✓ Always a respectful guest
- ✓ There to serve as a member in the club
- ✓ Considerate to situations and circumstances
- ✓ Trained in Sports Pastoral Care
- ✓ Respectful of all persons
- ✓ Non-judgemental
- ✓ Confidential
- ✓ Accredited by SCA

### SEAN GRIMA

Hi, my name is Sean



I am the Chaplain for the Geelong Umpires and Ocean Grove Football Netball Club, while I coached football for some 27 years I am most passionate about seeing people get the best out of themselves, I work in people & culture for genU around learning and development and serve on WHS committee's as well as culture and diversity. I have a public speaking background speaking on topics such as variables in performance, self-esteem and coping with adversity. My interests include lawn bowls of which I play and coach at Belmont and swimming having been a

swim teacher for over thirty years. I am trained in pastoral care with Sports Chaplaincy Australia as well as having Advanced Conflict Resolution Training with Conflict Resolution Training & Consulting. I will draw on considerable Lived experiences both good and bad to assist players, administrators, coaches and families to complement each other and get the best out of themselves. My favourite quote "If you can't do great & sensational things, do the little things in a great & sensational way".

Feel free to contact me:

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